

Awake!

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DECEMBER 22, 1972

THE REASON FOR THIS MAGAZINE

News sources that are able to keep you awake to the vital issues of our times must be unfettered by censorship and selfish interests. "Awake!" has no fetters. It recognizes facts, faces facts, is free to publish facts. It is not bound by political ties; it is unhampered by traditional creeds. This magazine keeps itself free, that it may speak freely to you. But it does not abuse its freedom. It maintains integrity to truth.

The viewpoint of "Awake!" is not narrow, but is international. "Awake!" has its own correspondents in scores of nations. Its articles are read in many lands, in many languages, by millions of persons.

In every issue "Awake!" presents vital topics on which you should be informed. It features penetrating articles on social conditions and offers sound counsel for meeting the problems of everyday life. Current news from every continent passes in quick review. Attention is focused on activities in the fields of government and commerce about which you should know. Straightforward discussions of religious issues alert you to matters of vital concern. Customs and people in many lands, the marvels of creation, practical sciences and points of human interest are all embraced in its coverage. "Awake!" provides wholesome, instructive reading for every member of the family.

"Awake!" pledges itself to righteous principles, to exposing hidden foes and subtle dangers, to championing freedom for all, to comforting mourners and strengthening those disheartened by the failures of a delinquent world, reflecting sure hope for the establishment of God's righteous new order in this generation.

Get acquainted with "Awake!" Keep awake by reading "Awake!"

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Awake!

"It is already the hour for you to awake."

—Romans 13:11

Volume LIII

Brooklyn, N.Y., December 22, 1972

Number 24

The Joy OF BEING UNSELFISH

"SELF FIRST!" Just two words, but they were in letters so large that they filled the whole front page. They proclaimed the philosophy that the Muslims were offering in their publication to passersby on the streets of Brooklyn, New York, in September 1972.

How different this message of a modern Muhammad from the message that Jesus Christ brought! He preached putting others ahead of self. He taught and practiced sacrificing oneself for others. He enunciated a principle that must have sounded strange to his listeners: "There is more happiness in giving than there is in receiving."—Acts 20:35.

There are some persons who are exemplary in unselfishness. Among such are parents who are so unselfishly devoted to their families that at times they need to be urged to do something for themselves, such as buy some new clothing or enjoy some recreation. Thus there was the mother of five children who had to manage her household with extreme economy because of the selfishness of her husband. Caring for her family so consumed her time and energies that she had none left for popular pleasures. Her reward? She had peace of mind and the love and gratitude of her

children. Having set her heart on serving her family, she had a sense of satisfaction, and, far from being bored, she had the happiness that comes from giving.

Why is there joy and happiness in being unselfish? Because the Creator, Jehovah God, made us in his image and likeness, and he, above all others, is the Unselfish One. He not only endowed us with a moral sense, which gives us the ability to choose between what is right and what is wrong, but also made us so that we get the rewards of contentment and happiness from exercising justice, from doing what is right. Thus the famed English jurist Blackstone once stated that God "has so intimately connected, so inseparably interwoven the laws of eternal justice with the happiness of each individual, that the latter [happiness] cannot be attained but by observing the former [justice]; and, if the former be punctually obeyed, it cannot but induce the latter." And if this is true of exercising justice, and it surely is, it is also true about exercising unselfishness.

If we would experience the joy of being unselfish we must work at being unselfish, for it is not a matter of doing what comes

naturally, or following the lines of least resistance. Due to inherited sin and our surroundings we are prone to do what is bad and selfish. (Gen. 8:21; Ps. 51:5) Especially within the family circle, where members are in such close contact with one another, must thought be given to this. Selfishness on the part of one results in pain or a selfish reaction on the part of the others; but unselfishness results in mutual joy and satisfaction. No wonder the nineteenth-century British prime minister Gladstone concluded that "selfishness is the greatest curse of the human race." And that it is, for it got our first parents—and all the rest of us through them—into trouble. It is at the bottom of all conflicts between nations, between capital and labor, between parents and children.

Even little unselfish acts of helpfulness bring joy. Aiding us to be alert to such opportunities is, of course, empathy, the ability to put ourselves in the place of others. But more often it may simply be a matter of not being always in a hurry. Thus victims of automobile mishaps at times beg loud and long before someone takes cognizance of their plight and slows down to inquire what help is needed. In striking contrast was the Brooklyn car driver on his way home who, not being in such a hurry, noted at an intersection that the driver of the car ahead of him was in a quandary. So the man in the rear car got out and asked the other driver what the problem was. Learning what street the driver was looking for, the other man led the way in his own car; that being simpler than trying to explain. The glowing smiles and appreciation on the part of the one helped and his companions more than compensated the helpful one for his time and trouble, giving him joy and satisfaction in being able to help out someone else.

The Jewish author and Zionist leader, Israel Zangwill, once made a rather per-

ceptive observation that is quite pertinent here. He said: "Selfishness is the only real atheism; aspiration, unselfishness the only real religion." And this is true if we recognize that real religion is to 'love God with our whole heart, soul, mind and strength and to love our neighbors as ourselves,' and this includes ministering to 'the fatherless and the widows.' Thus the apostle Paul counseled: "Let each one keep seeking, not his own advantage, but that of the other person."—1 Cor. 10:24; Mark 12:29-31; Jas. 1:27.

Because the Christian witnesses of Jehovah are truly unselfishly concerned about sharing with others the good things they have learned they are a happy people, even as others have recognized. Thus at an assembly of Jehovah's witnesses in Vienna, Austria, in 1972, a woman who had come out of curiosity became interested in Jehovah's witnesses, for, to use her own words, she saw "happy faces of people who seem to know where they are going." Nor is hers an isolated case. Others also have been so impressed with the joy manifested by the Witnesses that they began to take an interest in the message the Witnesses are bringing.

Certainly the world has it all wrong. It wants to have joy and happiness, yet it pursues that goal by selfish means. But the two can no more mix than can the proverbial oil and water. Joy and happiness come from being unselfish, from doing good, as one has opportunity, to members of one's own family, to fellow workmen or employees, to strangers on the highways. And, of course, the greatest joy comes from sharing the most valuable thing one could possess, namely, an understanding of God's Word and purposes. If you have such understanding, then follow through on Jesus' commandment: "You received free, give free." This is the way to have joy.—Matt. 10:8.

LOVE of truth is something most of us readily profess. But how deep does our love of truth really go? Is it deep enough to defend it when one is under pressure? Will we stand by what we know to be true when it will cost us something to do so? How much do you love the truth?

If you firmly stand for the truth of God's Word the Bible, your friends or work associates may try to dissuade you. This happened to Abdullah, a young man in his twenties, living in a Near Eastern country. Abdullah began to study the Bible with one of the Christian witnesses of Jehovah. He was delighted at the wonderful truths he was learning. At the hotel where he worked he would tell his fellow employees the things he was learning from the Bible. He had hoped, even expected, that they would rejoice over them as he was doing. But to his amazement they began to abuse him orally.

His employer even threatened to dismiss him if he did not stop studying the Bible and talking to others about it. This put him under heavy pressure because he needed his job. What would you have done? Well, Abdullah had real love for the truth, so he did not let this intimidation hinder him in his study of the Bible.

When he later discussed the truth with some close friends, they too ridiculed him

for studying the Bible. These "friends" did not turn out to be lovers of truth as he was, and, as a result, he did not see much of them after that.

Abdullah's secular work interfered with his regular attendance at Christian meetings to study the Bible. Because he loved the truth so much, he accepted another job even though it paid less. Would you do that for the truth's

sake? Now he was able to attend all meetings for Bible study. He is happy that he continued to study God's Word and to learn the truth despite threats and pressure.

Truth Worthy of Your Love

But what is there about this truth that caused Abdullah to love it with such loyalty? It is God's truth, not man's. Regarding this truth from God, Jesus Christ said to his disciples: "You will know the truth, and the truth will set you free." (John 8: 32) Such truth can set you free even from sin and death. Truth that can do that is very valuable indeed and worthy of your love.

God's truth is found in the Holy Bible, which is now circulated, the whole or in part, in more than 1,400 languages. Learning this truth brings many benefits and great happiness. It gives a hope for the future because it tells of God's purpose



How Much **DO YOU LOVE THE TRUTH?**

to remove all mankind's woes and to turn this earth into a paradise where lovers of truth can live forever in perfect health. (Rev. 21:1-4) Are these not reasons enough to have strong love for such truth?

Loving God's truth will never lead you to disappointment, because "it is impossible for God to lie." (Heb. 6:18) Such love for the truth also brings great peace of mind and contentment, which are things of no little value. (Phil. 4:7) God's Word becomes a sure guide during these difficult times when so many have lost their love for what is right. (Ps. 119:105; Matt. 24:12) These and other blessings make it well worth while to spend the necessary time in Bible study to learn the truth that is worthy of your strong love.—Eph. 5:16.

Proving Love for the Truth

But obtaining this truth can bring effects that may not at first be expected. Usually those beginning to learn God's truth come under some form of attack from God's enemy, Satan the Devil, who tries to discourage them. Often it comes in the form of opposition from family or friends, or simply what people in general may think. Jesus Christ told his followers to expect this: "Do not think I came to put peace upon the earth; I came to put, not peace, but a sword. For I came to cause division, with a man against his father, and a daughter against her mother, and a young wife against her mother-in-law. Indeed, a man's enemies will be persons of his own household."—Matt. 10:34-36.

But there is no reason for this to cause undue apprehension. Actually it is an opportunity to prove love for God's truth. And it is also a cause for rejoicing, as Jesus said: "Happy are you when people reproach you and persecute you and lyingly say every sort of wicked thing against you for my sake. Rejoice and leap

for joy, since your reward is great in the heavens; for in that way they persecuted the prophets prior to you."—Matt. 5:11, 12.

Now, God does not take our love for the truth for granted; he lets us be tested to prove our love. So those today who learn God's truth can expect that the time will come when they will need to prove their love for the truth.

When Relatives Oppose

Has your experience borne out the truth of what Jesus said? Have you accepted Bible truth and found that some of your relatives do not approve? Many of Christ's followers today are having such experiences. For example, in Italy a woman began to study the Bible with Jehovah's Christian witnesses. Her husband put pressure on her to stop her Bible study. He began to persecute her, even tearing up her Bible literature. But she loved the truth and would not give in to his wishes. Seeing that she would not give up Bible truth, her husband took away the clothes she needed to leave the house and threatened to have her committed to a clinic for mental patients. Would her love for the truth prove strong enough to endure this persecution? Yes, it did, and by her proving her love she has found great joy. For now her husband pays attention to the Bible and accompanies his wife to Bible meetings.

Thus proving loyal to the truth often helps opposing relatives to see that you have something of great importance and value. Perhaps you can help relatives that may try to discourage you. They may be opposing because they do not know the marvelous truths found in the Bible, or they may oppose because they have no love for God. In either case, remember that having God's approval is far more important than having the approval of men. It is God, not man, who has prom-

ised to give you eternal life if you love him above everyone and everything else. —Matt. 22:37-39.

Should any relatives oppose you for loving the truth, think of the example of Miss B——, who lives in the Middle East, and it will strengthen you. She learned God's truth from her neighbor, who was one of Jehovah's Christian witnesses. When Miss B—— began to pass along the Bible's truth to her family her younger sister responded. But it was a different matter with her father and mother. They demanded that she stop her study of the Bible. They kept her under close observation so that she could not go to the neighbor's house to study the Bible. But Miss B—— kept up her Bible study by means of the telephone.

Next her parents, seeing the daughter's determination, resorted to violence, even threatening her life. When all this failed to change her mind, she was told either to give up her Bible study or to leave home. According to Middle Eastern custom it is a disgrace for a girl to leave the family home before she is married. But rather than abandon God's truth, she left home and was taken in by a family of fellow Christians. Today Miss B—— enjoys the happy privilege of teaching others the Bible's message of God's kingdom in the vicinity of where Jesus Christ himself once preached the same message of truth. Do you have such love for the truth?

Will Your Love for the Truth

Overcome Opposition?

Though some persons feel that the truth is not worth the trouble it may cause

them with their family or friends, real lovers of truth do not feel that way. They realize that knowing the truth and serving God in accordance with it mean everlasting life. (John 17:3) Their abandoning the truth would benefit no one, not even the opposers. So, though it may cost them something to do so, they follow God's advice: "Buy truth itself and do not sell it." —Prov. 23:23.

Remember, you can serve God acceptably only if you have and retain the truth. (John 4:23) If you serve him in truth God will not forsake you. But if you forsake the truth, then you cannot expect God's blessing and guidance. How clearly the prophet Samuel pointed this out to the nation of Israel: "Fear Jehovah, and you must serve him in truth with all your heart . . . But if you flagrantly do what is bad, you will be swept away." (1 Sam. 12:24, 25) Do you want to serve Jehovah in truth because it is right to do so and because it will mean life for you? Then stick to the truth; you cannot afford to exchange it for anything.—Rom. 1:25.

Jesus Christ said that he came into the world to bear witness to the truth. (John 18:37) Today there are many thousands of persons around the world who are bearing witness to the truth, who love it and will not give it up. They are Jehovah's Christian witnesses. If you love the truth sincerely, you will want to associate with them. By doing so you will find much encouragement and assistance in living according to the truth.

How much do you love the truth? Enough to follow it and live by it even in the face of opposition? We sincerely hope so, because this can open the way for you to live forever.





Protein Shortage

—What Can Be Done About It?

IT IS estimated that one third of the earth's population, more than one thousand million people, do not have enough protein in their diets. As a result, untold millions of young children in developing countries die before reaching school age. Survivors are often left permanently impaired—mentally and physically.

Experts studying the world food problem have agreed: "Unless the situation changes markedly, food shortages and actual famine will occur and with these, civil strife and political upheaval of unprecedented proportions will sweep through the developing nations."

Importance of Protein

Protein is essential for all humans. It is a primary building block of our body's muscle tissue, bone, cartilage and skin. The body's chemical processes of life depend upon enzymes, some of the most important proteinlike substances. Growth and replacement of body tissues therefore require proteins.

The body manufactures its own proteins by combining amino acids—small units containing carbon, hydrogen, oxygen and nitrogen—into long, three-dimensional

chains. Most of the more than twenty amino acids are themselves made by the body, but eight of them must be supplied by protein found in the foods we eat. The body breaks down food protein into amino-acid units; these are then recombined into new protein, tailor-made for specific needs.

When food protein content is low, or any of the eight essential amino acids are in short supply, the body suffers protein deficiency. This malady induces apathy in adults and hinders recovery from injury and disease. In children, the results are similar but more severe. Mild or moderate deficiency renders them particularly susceptible to respiratory infections and gastrointestinal troubles. More advanced protein malnutrition can produce irreversible mental and physical retardation or even death.

Protein malnutrition is said to be jeopardizing the future for many millions of the world's people. This is bad enough, but, since the protein gap is widening between supply and demand, an even worse impending protein crisis is feared.

The Earth Can Provide

Is the earth unable to produce enough nutritious food for its present inhabitants? Authorities such as the United Nations Food and Agriculture Organization maintain that the world's agricultural potential is great enough to feed thousands of millions *more* people. So, the earth can surely provide enough food for all the people who are living today. Then what is wrong?

A report to the United Nations Economic and Social Council noted that the problem of protein supply is complicated by social and economic patterns. It is acknowledged that present protein production is enough to satisfy the needs of earth's population. But the supply is not getting to the people who need it. As well-known anthropologist Dr. Margaret Mead stated: "The basic problem is an ethical one."

The results of bad ethics include surpluses in one part of the world when people are hungry in another part; too much food in one part of the world when children are starving elsewhere. Agriculture has become big business. A distinction has been made between food that nourishes people and food out of which some people, some countries, derive their income. Food is no longer just to feed people. It is a commercial commodity.

Clearly, the main problem is the present unjust worldwide system of things. The earth can produce wholesome food in great abundance, but under a selfish system of things, torn by political divisions, food is not getting to the people who need it.

Trying to Cope with a Bad Situation

Unable to resolve the basic problem, that is, the replacement of the selfish system, man has tried to do the "second best"—that is, he has tried to compensate for this bad situation in a variety of ways. For example, fishing fleets have been expanded. The average world fish catch has been increasing by about 6 percent each year. However, it is feared that a modest increase of only 4.7 percent a year from 1967 on would exhaust the oceanic and inland fisheries' protein supply by 1985.

Another effort to cope with the bad situation is with regard to improving fish processing methods. The goal is more complete utilization of this valuable protein

source. Portions of fish not usually consumed can be made into a stable flour that is protein rich, with or without a fish taste or odor.

Various commercial products are being advocated to try to help alleviate the protein-shortage problem. Processors are seeking to improve methods to obtain meal and protein concentrates from peanuts, soybeans, cottonseed and other oil-seed crops after the oil has been extracted. The success already achieved with soybeans is an example of low-cost vegetable protein.

Soybean protein concentrate is a bland, white powder that can be used to enrich baked products, soups, beverages and puddings. A blend of cornmeal, dry milk, vitamins, minerals and soybean meal gives a nutritious protein-rich mixture that can be used for such purposes.

Vegetable protein concentrates are being used in wholesome beverages, hot or cold. In Hong Kong such a beverage is sold in competition with soft drinks. Since soybean protein can be combined with about a hundred different flavors to make this drink, it can be modified to suit local tastes around the world.

Also, vegetable protein is spun into fibers to make it similar to meat. The protein fibers are blended with fat, vegetable flavors and stabilizers. These meatlike products can be sliced, ground or diced. They can be used to extend real meats.

In addition to developing new products from existing protein, unusual new sources of protein are also being explored. Protein is being obtained from petroleum, natural gas, crude oil, sawdust, sugarcane, grass and coconut flesh. No, these products are not suggested for human consumption directly. Rather, microorganisms such as yeasts, bacteria and fungi utilize these products to make the protein. This is called Single Cell Protein, or SCP for short. It is expected that such microorganism-

produced protein would be fed to animals first, with eventual human consumption of the animals in view. Understandably, there could be a problem of acceptability in introducing dried microorganism cells directly into human diets.

The "Green Revolution"

Another effort to cope with the situation has resulted in the grain or "green revolution." Cereal crops account for the bulk of the world's protein and calorie supply, about 70 percent of the total. The quantity of cereal grains has increased impressively through combinations of plant breeding, fertilizers, pesticides and better storage facilities.

The "green revolution" has been considered so important that a leading plant breeder who contributed to the high-yielding crops was awarded the Nobel peace prize in 1970.

The new varieties of wheat and rice have greatly increased the supply of cereal protein in many lands. In just two years Ceylon's rice crop rose by 34 percent and in six years India's wheat yields more than doubled. Japan, with one of the most densely populated areas in the world, achieved a surplus of rice. Six years ago the Philippines imported one million tons of rice annually; in 1970 that country was self-sufficient and hoped to begin exporting rice, yet that proved to be premature optimism.

Alarm, however, is being expressed that the widespread dependence upon a few basic high-yield varieties may actually be laying the foundation for a mammoth disaster. If such narrow-based crops were to succumb to disease, the results could be catastrophic, with nothing to replace them quickly.

Illustrating that the deep concern is not unfounded is news from the Philippines. "Filipinos Expect New Rice Scarcity" was

a heading in the *New York Times* of February 14, 1972. The subheading declared: "Deadly Virus Among Causes of Continuing Shortage." The article explained:

"The Philippines, the land where the Green Revolution began, appears to be going from one rice crisis to another. After the development of high-yield varieties in 1966, the Philippines experienced self-sufficiency in rice and a small surplus only up to 1970. Last year huge imports were necessary, and now, a Government statistical agency predicts, the country faces vast shortages again this year and next.

"The causes of the shortage, according to Domingo Panganiban, an expert of the National Food and Agricultural Council, are typhoons, a lack of funding, problems of peace and order and a deadly plant virus called tungro."

So the "green revolution" cannot be relied upon to solve the bad situation. Rather, it may only lead to a more devastating famine. Even the present increased production has not meant that the supply of protein and food energy is reaching starving people. Why, in some countries, as much as 20 percent of the cereal crop is lost because of poor storage facilities!

The real need, then, is for something beyond a "green revolution,"—for a new system of things that is not controlled by nationalism and by selfish commercial interests. The Bible explains God's arrangements for the bringing in of such a system in this very generation.

Better Use of Available Supplies

In the meantime what can the average person do for himself and his family to relieve the protein shortage in their diet? There is much that people can do in a practical way in this regard. Meat or steak may taste good, but steak is not required in order to have the needed protein. Is fish available? Many persons get

much of their protein from this source.

Eggs, milk and cheese supply high-quality proteins. Can you avail yourself of these food products? If not, abundant quantities of protein are available from vegetable sources. The Bible reports that about 3,800 years ago a nutritious stew of protein-rich lentils was bought in exchange for a birthright! (Gen. 25:29-34) Legumes such as lentils, beans and peas are still good sources of protein that

could be used more effectively by many people. Most plant products, however, lack one or more of the essential amino acids. This deficiency can often be corrected by combining them with other vegetables or protein foods that supply the lack. For example, adding just a small amount of high-quality protein food, such as eggs or cheese, to a diet of beans or cassava or plantain will create an amino-acid balance, enabling all the protein in the food to be used effectively. To obtain this advantage, however, protein foods must be eaten together.

Greater use of soybeans as a food is a practical way to add more protein to the diet. Soybean flour can be added to many foods, or you can cook the soybeans yourself. For best results the soybeans should be reasonably fresh, and they need to be soaked in water prior to cooking. The cooked soybeans are somewhat nutlike and chewy; thus some persons at first may think they are only half cooked, but this chewiness is to be expected. Soybeans can be used in salads or served as a vegetable.

Much can be done by parents in making better use of available supplies to improve the diet of their children in countries

where protein intake may be low. (*Awake!*, June 22, 1966) It is usually after weaning that small children develop serious protein deficiency in these lands. Mother's milk usually contains adequate protein, but the subsequent diet does not. Cassava root is a major constituent of weaned diets in

many countries, but it is high in carbohydrates and low in protein. If, however, a stew of the young tender leaves were served along with the cassa-

va roots, the protein problem would be alleviated—the usually unused leaves contain enough protein to balance the diet!

So give some thought to these matters, should the protein in your diet be deficient. Find out what foods can supply more protein to your diet. Your having good health, along with your family, depends in no small way on your knowing what the available sources of protein are.

Although our beautiful earth has the capacity to produce amply for the needs of all those now living and many more besides, we cannot expect an equal distribution of food in this system of things. Why not? Because of its selfish commercial nature. The Bible shows that this system will continue in its unjust ways till it comes to an end. And, as noted before, God's new order will provide an abundance of food for all mankind. God's prophet told about it beforehand, saying: "Jehovah of armies will certainly make for all the peoples . . . a banquet of well-oiled dishes, a banquet of wine kept on the dregs, of well-oiled dishes filled with marrow . . . Jehovah himself has spoken it." —Isa. 25:6-8.

- **Thinking Aids for a Balky Brain.**
- **My Life as a Gypsy.**
- **How Christendom Became Trinitarian.**

—In the next issue.

THE TONGUES OF MAN

BY "AWAKE!" CORRESPONDENT
IN LAOS

HOW much mankind is divided by speaking different tongues! About 3,000 spoken languages have been counted by scholars.* If all the dialects (local forms of a language) were added to the above figure, it would probably be much higher.

But, then, even experts disagree in some cases about what is a separate language and what is simply a dialect. Why? Because, even when people speak what are called dialects of the same language, they may be unable to understand one another.

Yet at one time all humans spoke the same language. Jehovah God, the Creator of man, himself originated different languages for the purpose of restricting human cooperation for a wrong purpose. His action brought to an end the building of the God-dishonoring Tower of Babel and obliged its builders to disperse throughout the earth.—Gen. 11:1-9.

Most languages can be grouped together into a mere ten or so *language families* (here, again, different authorities give different numbers). All the languages in the same family are offshoots of one ancient parent language, and, in many cases, that

parent language has died out.

Many persons know that French, Italian, Spanish, Portuguese and several other languages are all modern varieties of Latin greatly changed. Not so many are aware that even Latin is classified as being only a member of a language family. Along with many other languages of Europe and India, it is said to have sprung from a lost ancestor called Indo-European.

We do not know just how many parent languages Jehovah brought into existence at Babel because it does not seem that some tongues, like Japanese and Basque, can be fitted into any known family, and many other languages have vanished. Possibly there were relatively few parent tongues. In time, people speaking the same language separated and had no contact with one another for centuries, so *their* speech habits diverged and two or more languages came to be used where there had been only one.

Any living language constantly changes; you have only to read the Authorized Version of the Bible to see how much English has changed in some 360 years despite the stabilizing influence of printing and good communications. So, gradually, the separated groups would cease to understand one another. Even so, the resulting languages retain enough features in common to make it obvious that they are related.

* *World Book Encyclopedia*, 1970 ed., Vol. 12, p. 62.

The Indo-European Family

Let us look in more detail at one language family. About half the world's population speak a language classified as belonging to the Indo-European family. It is no accident that the word for three, for example, is so similar in Russian (*tri*), German (*drei*), French (*trois*), Danish (*tre*), Dutch (*drie*), Irish (*tri*), Greek (*treis*), Lithuanian (*trys*), Sanskrit (*tri*), Albanian (*tre*), and so forth. All these languages are said to derive from the lost Indo-European.

Many of these are less like children of that ancient speech than grandchildren because many are said to derive from lost languages that were themselves offshoots of Indo-European. For example, Welsh, Breton, Gaelic, and so forth, are listed as descendants of an old Celtic speech that sprang from Indo-European. Russian, Polish, Serbian, Czech, and so forth, trace their ancestry through an ancient Slavonic parent. English, Dutch, German, and so forth, had a common Germanic parent.

Classifying Languages

Only comparatively recently, since about the end of the eighteenth century, have linguists begun to analyze the history and relationship of living languages. Before that they tended to compare merely the written forms of words in different languages, but there is much more to the

family relationships than that. Even when two languages have few similar words, they may put sentences together in a way that shows an affinity between them.

Take the example of Lao and Chinese. It would be difficult to find many words similar in these two languages, yet they have three other important features in common. First, one word in both languages may have several different meanings according to the tone of voice used

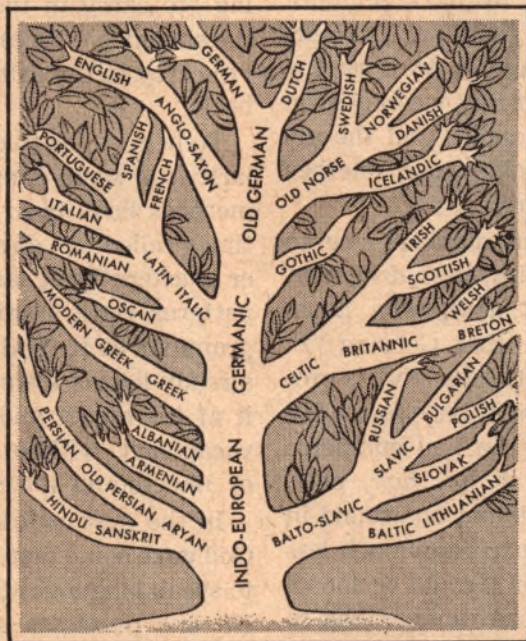
when saying it. For example, the Lao word *mu*, spoken with a low tone of voice, means *friend*, while with a rising tone it means *pig*.

Second, most words have only one syllable or are made up of several one-syllable words strung together.

Third, when speaking of a number of objects one must use a word called a *classifier* every time to identify the class of objects to which they belong. Thus a Lao-tian cannot just say

'Three girls,' but must say, 'Girl three persons,' showing that girls belong to the class of 'people.' These three features suggest that Chinese and Lao are relatives within the same language family.

On the other hand, no great importance is attached to the script in which a language is written. English and Vietnamese both use the Roman alphabet, which the Vietnamese deliberately adopted in the seventeenth century, but the languages are very different. Japanese and Chinese



use similar writing, which causes some persons to associate them together. Yet they are classified in altogether different language families. Conversely, English and Russian, listed as distant relatives within the same family, use different scripts.

Learning Difficulties

Perhaps you can now see why some languages are much easier for us to learn than others. A foreign language belonging to the same family as our own will usually have many sounds, words or sentence patterns that we find familiar. The less related another language is to ours the stranger it will seem. At first we may even be unable to say the sounds, and the order in which words follow one another may strike us as bizarre.

Compare the German numbers one to ten with the English: *eins, zwei, drei, vier, fünf, sechs, sieben, acht, neun, zehn*. Especially if you remember that German "z" is pronounced "ts" and German "v" is pronounced "f," you can see at once how alike they are. Now look at the Lao numbers: *neung, sohng, sahm, si, ha, hok, chet, bpaat, gow, sip*. There is not one sound in common with the English. How much less alike they would seem if it could be shown in writing that each Lao number has to be spoken in a certain tone of voice that you memorize along with the word!

Take a look at word order. In English you might ask, "How many daughters have you?" In German that would be "Wieviele Töchter haben Sie?" Here, word for word, the structure is the same as English. But Lao says, "Chow mi luk sow chag kon?" Literally that means, "You have child female how many persons?" Structurally quite different from English.

Often words found in one language simply have no equivalent in languages of

other families. Consequently it is much harder to translate into a language belonging to a different family. For instance, the *Watchtower* magazine in the Thai language uses the same word to convey what is meant by the English words *sympathy, empathy* and *consideration*. Separate words do not exist in Thai (or Lao, its close relative) to convey these subtle distinctions. On the other hand, English makes do with the one word *carry* where Lao and Thai have separate words meaning "to carry in the hand," "to carry on the shoulder," "to carry on a balance pole," "to carry in the arms" or "to carry on the back."

To help pupils to cope with this unfamiliarity of some languages, new teaching methods have been devised. One is sometimes called *the direct method*. The learner masters basic sentences and sentence patterns right from the start. He learns grammar as it relates to the sentences he already knows instead of plowing through it at the outset and learning long lists of vocabulary without being able to speak or understand the simplest sentence.

In the first century of our common era God gave some men the miraculous ability to speak languages they had never learned. No one possesses such a gift from God today. But, then, it is not needed. People who want to help to carry the good news of God's kingdom to a new place must painstakingly learn the languages spoken there. However, as right-hearted people respond, the bulk of the preaching work is rapidly assumed by local men and women, speakers of every language family on earth. Thus the uniting word of truth triumphs over the disuniting confusion of tongues among those who wish to cooperate in praising Jehovah, the One who gave man the gift of language.

I Was a Servant

NEAR my uncle's home was a small temple to the god Birappa. It was neglected, no one caring for the god. And so I thought: "If I take up service in the temple and care for the god perhaps I can find that happiness and peace for which I have searched so long."

So began a new part of my life. Daily after my personal bath I would draw water from the well and bathe the god. At least once a week I would walk nearly five miles to the river to find fresh running water to bathe myself, and then I would carry water in a bucket for the god Birappa. It was a long way, but I had the satisfaction of knowing that I was serving my god.

Each day the villagers would come with their *Prasad* (gift) for Birappa; sometimes it was a coconut and sometimes flowers. I would apply *Bandkar* (dipping my fingers in ashes, applying them to the villagers' foreheads in three horizontal lines) and then return *Prasad* to them. Thus out of the gifts given to Birappa, gifts were returned to the worshipers, whether from their own or someone else's.

My god Birappa did not have a special form as represented by a figure of a man or woman or even of some animal, as with most Hindu gods and goddesses. Birappa

OF A GOD MADE WITH HANDS

AS TOLD TO "AWAKE!"
CORRESPONDENT IN INDIA

was represented in a mound like a large rounded stone. Sometimes as I went about my service to Birappa I secretly wondered: "There are so many gods who are worshiped. Could it perhaps be that there might be only one true God? Did anyone really know?" I still had not found the happiness and peace that I wished, and so I wondered: "Is there anyone in this world that is finding happiness and peace?"

My Background

From childhood on, life had been hard for me. My father had two wives. I was born from the second, and after only six months my father died. My mother died when I was only one year old. My stepmother seemed to find joy in beating me, and for any small thing I would get a beating or have my head pushed into a bucket of water. After some time I went to live with my old grandmother. She could not afford to give me an education, so my days were spent wandering in the fields and over the hills with the sheep.

There, as the days passed, I would sing the songs of our many gods, about their mightiness, acts of prowess and love. I sang of Hanuman, swift as the wind and who could uproot trees and hills; of the goddess Chandra (the moon) or the goddess Ushas (the dawn). There are many thousands of gods and goddesses in the Hindu pantheon. As I grew up I would sometimes wonder, "Is there one God that is greater? Can we ever in this life find happiness?"

At fifteen I was married and then lived with my mother-in-law, who was given

our land to work. Life went on much the same from day to day. Each day before going out to care for the sheep I would do *pūja* (an act of worship) before the picture of our god Birappa. Then with the sheep I would wander through the lanes of the village and out to the open spaces.

It was after several years that I discovered the temple near my uncle's home and took up service there. I did not receive any money for this service, but hoped it would bring oneness with god at my death. Still I would wonder: "Why am I not happy and satisfied now that I am worshiping and serving my god?"

The Way to Happiness Opens Up

Each evening as I went through the village to my home I would stop and talk with some of the villagers who sat outside the village dispensary. One evening as I stopped to chat with some of the men I asked them what new thing they might tell me. They said: "We have nothing new to tell, but there is a new sahib in town who is telling some new things." So when I found the man who was declaring new things, I asked him to tell me the story he had told the people. He asked what story I might like to hear, and so I asked him if he could tell me who the true God is.

And indeed he told me a story I had never heard before. This was the story about the God of the Bible: an invisible God who created all things and whose works and creations are all around us, a God whom we can learn to love and appreciate and whose wonderful qualities we can in some measure understand. I began to study the Bible. This man invited me to his home, and his family also welcomed me daily to hear more from the Bible.

Then I realized I must learn to read so that I could learn even more. I was thrilled to learn of Jehovah God, whose kingdom will soon take possession of the earth and

give to all obedient inhabitants of the earth real peace and happiness along with everlasting life.

Now I realized that I could no longer go on serving a god made with man's hands. So I left my service at the temple. At this my wife and mother-in-law made life difficult for me. Finally my wife left me to live with another man. When my mother-in-law saw that she could not stop me from studying the Bible, she told the villagers so that they would beat me.

One day when returning an insecticide sprayer, I met a Brahmin (high caste Hindu) who asked me to go and spray his house also. When I got to his house, five people came out and took hold of me and beat me. Soon after this, I felt that it would be better to leave my home and small property, that I might be able to practice my new faith more freely. Despite the opposition, I did not lose my happiness, for now I knew that I was serving the true God.

I wanted to tell others about this wonderful hope that I had found. For now I could explain to others that God is not a man, nor did he come down to the earth to take on the form of man at different times when the world became evil. Jehovah God will put an end to misery and bring in a new system that will bring real happiness and peace for all obedient mankind and they will live on this earth forever.

Life is different for me now. I sell nuts to provide for my needs. It leaves me free so that I can always gather together with fellow worshipers of Jehovah. Though I had to leave my home and little property, I have not lost out. I have learned to read, so that now I can read the Bible and *The Watchtower*. I have new songs to sing about the one true God and his mighty acts of the past and wonderful promises for the future. At last I have found happiness and peace of mind.

COOPERATING WITH

YOUR BODY'S DEFENSES

THE auto was going 115 miles an hour when it crashed into the rear of another car going 55 miles an hour. One of the victims of the accident, not content with the compensation he received, sued the manufacturer of the auto that had been driven so fast. He charged that the manufacturer was responsible because he made the car capable of going at such a speed. However, the U.S. Circuit Court of Appeals that heard the case ruled otherwise. It held that a manufacturer's "duty" is to avoid hidden defects and latent or concealed dangers. He is not bound to anticipate and guard against grossly careless misuse of his product."

There are some authorities in the field of medicine that might be said to view the human body as that accident victim viewed the car by which he was injured. But not all do so. Some appreciate the wisdom reflected in its design. Thus scientist W. B. Cannon wrote a book entitled "The Wisdom of the Body." Wisdom in design, however, does not mean that abuse will not result in harm, and this is where many persons manifest a lack of good judgment. As Dr. Linus Pauling expressed it: "We constantly insult ourselves by doing things for which our bodies were never intended." And what is the result? An acceleration of the process of aging, disease and death.

No question about it, as we examine the body we find that the Creator made

wonderful provisions for its well-being. Man is not a robot but, rather, has the ability and freedom to choose between a wise and a foolish course and to take the consequences. In a large measure the health of our bodies is subject to the divine law: "Whatever a man is sowing, this he will also reap." If we cooperate with our body's defenses we can minimize the likelihood of poor health and disease. —Gal. 6:7.

Among the defenses by which the body preserves its soundness are its immunological defense systems (including the white blood cells and the antibodies), interferon, the hormones and even the skin. All these might be likened to soldiers, policemen and fire fighters that serve to protect a family, a city or a nation from threatened dangers. Reason and good sense, of course, would indicate that citizens cooperate with these defenses if they would enjoy protection and security. And so, too, an individual must do his part, must cooperate with his body's defenses if he would stay well.

The Immunological Defenses

"Immunity" has been described as "an everyday word, ordinarily applied to the elaborate set of responses by which the body defends itself against invading microorganisms." Involved in these responses are a number of different kinds of white blood cells or corpuscles that serve as de-

fenders of the purity of the bloodstream. These greatly multiply when foreign, noxious or virulent agents invade or attack the body. Thus the diagnosis of appendicitis can at times be confirmed by what is known as the "blood picture."

What triggers these white cells to act, what enables them to recognize these various invading foreign foes, also known as antigens? Well, the gamma globulins, one of the blood proteins, produce *antibodies*, which fasten themselves to the antigens, thus labeling them as intruders and causing the white corpuscles to attack and destroy them by means of enzyme action. It was once thought that an antigen caused the plasma cells to produce an antibody especially made to fit it. But now it is understood that the plasma cells have potentially thousands of different kinds of antibodies, and so when bacteria attack the body they unite with any of a certain number of antibodies that happen to fit them rather closely.

The process has been illustrated in this way: Instead of the antigen's being like a man that went to a tailor to have a suit made to order (as was once thought), it is like the man that goes to a large clothing store that has thousands of suits of various shapes and sizes and picks one from several that fit him rather well, but not necessarily perfectly.

Then what happens? A signal is sent out by the body and the plasma cells start producing that particular antibody by the thousands. That antibodies need not fit perfectly can be seen in the fact that inoculation by cowpox (which is quite similar but not identical with smallpox virus) can produce immunity against smallpox.

It takes time for the body to produce all these antibodies and so sometimes the body succumbs to the invaders and becomes sick. However, given the needed time, the body generally wins out, and as

a result of the increase of antibodies, the body likely will be rather immune to future attacks. So there is a saying, "There is no immunity like convalescent immunity." For example, a person having chicken pox as a child is then immune to that disease. By means of inoculations, however, men have often been able to provide the body with artificial immunity, as for such well-known diseases as diphtheria, whooping cough, measles and others.

The bloodstream of some persons seems to be without gamma globulin and, as a result, does not produce antibodies, thus making such persons susceptible to all manner of bacterial infections. These are rare exceptions, however. By and large, human bodies do have this very effective defense mechanism. Why, then, do some people get sick when exposed to harmful bacteria while others do not? Because more than one factor is involved. To begin with, there is the matter of genes. It is known that predisposition to certain ailments is inherited and so it may largely depend upon the inherited susceptibility or resistance as to whether one does or does not get sick. Obviously, if both of one's parents were diabetics, one would be more likely to succumb to infectious diseases that plague diabetics. Such a one would therefore need to exercise far more care than another whose parents enjoyed abundant health.

A related factor that helps to account for the fact that some do and others do not succumb to infections is the fact that infections and diseases are not solely a matter of *virulence*, that is, the strength of the bacteria, as was once thought. Infection is also a matter of *ecology*, that is, the condition of the host, your body. Thus experiments with mice have shown that when they are starved or overfed with certain foods they very quickly succumb to certain infections. But when the mice are

again fed properly, in just a few days their resistance becomes normal. So also with humans: much depends upon the body's general powers of resistance.

Cooperating with the Immunological Defenses

How can you cooperate, how can you strengthen your body's immunological defense system? By just using good sense. Do not content yourself merely with not being sick. Give thought to maintaining good health by proper diet, which means not only seeing to it that you get sufficient proteins, fats and carbohydrates (sugars and starches), but also that you get the needed vitamins and minerals. A hamburger and a bottle of soda pop are not a balanced meal. Unrefined foods, such as whole wheat, unpolished rice, molasses and fruits and vegetables in abundance will help you greatly in this regard. Then there is the matter of getting needed rest and sleep, regular exercise if you are a sedentary worker, and avoidance of overindulgence of all kinds—these are the things that will help you to strengthen your body's immunological defense system.

Being abstemious at the table will in particular help your immunological defenses. Thus experiments with mice have shown that if they were provided with only one third the normal amount of food, but it was nutritious and well-balanced, they lived much longer. This is said to be due to the changes such a diet makes in the immunological system of the mice. While these results were had with mice, immunologist Dr. R. L. Walford of the University of California, Los Angeles School of Medicine, said that this indicated that humans would be wise to eat less, and that for such a diet to be truly effective it should be instituted early, soon after a child is weaned.—*New York Times*, August 4, 1971.

Interferon

Another of the body's defense mechanisms is interferon, a substance discovered rather recently, and at present under intensive investigation. It is produced by the body's cells as a defense against viral infections and differs from antibodies in a number of respects. It becomes effective at once, whereas antibodies take time to multiply. Thus it is said that "interferon is present at the right place, at the right time and in high enough concentration to play an important role in recovery from viral infections."

Secondly, interferon is not specific, whereas an antibody is, working only against a certain antigen or one very nearly like it. An invading virus causes cells to produce interferon that acts not just against the one particular virus but against a wide range of viruses. Thirdly, the interferon does not act upon the invading virus in the way an antibody acts upon an antigen, but upon the body's cells themselves, enabling them to neutralize the effect of the virus.

Further, though interferon is a protein particle, it is not treated as a foreign substance by the body's immunological system. Because of this, interferon can be implanted from another body or even another species without causing any antibodies to be formed. However, to produce interferon from blood for medical use is so costly a process as to be prohibitive. For this reason medical researchers have been experimenting with substances that would stimulate the production of interferon in the body's cells. They have come up with such a substance which they have designated "poly I:C."

In experimenting with this substance on mice they have found it to be extremely effective. Thus three hours after seventeen mice were given poly I:C and thirty-

two others were given a placebo,* all of them were inoculated with a lethal dose of mouse pneumonia virus. At the end of fourteen days all seventeen mice that had received poly I:C were still alive, but only one of the thirty-two that had received the placebo lived. As for the use of poly I:C on humans, this is still in the experimental stage.

How can you cooperate with the interferon 'system'? Since interferon is aimed at viral infections and the more common of these are those that plague our noses and throats in the wintertime, anything that would work against the common cold may be considered as cooperating with one's interferon defense system. There are a number of ways in which this can be done. The generous use of citrus fruits, especially grapefruit, lemons and limes, before one gets a cold, may protect one against it. Also avoiding rich and over-refined foods, especially pastries, rich puddings, and so forth, has helped many others to be free from the common cold. And quite recently the use of vitamin C in fighting the common cold has been given wide publicity.

The Hormonal Defenses

Rightly the hormones have been described as "another aspect of the natural defenses of the body." They come to our aid when we are threatened with violence, helping us either to fight or to take to flight. For anger or fight the body produces noradrenaline, and for fear or flight or depression (this latter termed, "anger directed toward oneself") the body produces adrenaline.

When faced with the choice of fight or flight, various hormones cause the lungs to breathe more deeply, and the heart beats more rapidly, the blood pressure rises, the blood is shifted away from the

internal organs to where it is most needed, to the muscles, heart and brain.

How, then, can you cooperate with your body's hormonal defense system? Primarily in two ways. All you do to keep good health (eat nutritious food, getting sufficient rest and sleep, and so forth) will give you a better reserve that the hormones can call upon in the case of danger. And, specifically, the better you learn to control your emotions the less you will be taxing or straining your vital organs. The Bible proverb is true: "A calm heart is the life of the fleshly organism."—Prov. 14:30.

The Skin as a Defense

Not to be overlooked is the skin as one of the body's defenses. It does indeed protect the body against invasion by harmful substances or organisms. It is well adapted for this purpose, having a dead yet anti-septic outer layer that is kept moist and pliable by perspiration and oily secretions. What can you do to cooperate with this defender of your body?

In the case of a cut or other wound, a good cleansing is of prime importance. For good skin there is also the need for proper nutrition. Thus we are told that severe skin disorders "appear early and conspicuously" in many cases of "nutritional deficiency." And while daily showers or baths may have their aesthetic merits, they can harm when harsh soap is overused. According to one of America's leading allergists, "a patient can take his daily baths without soaps and cleanse his body sufficiently by gently rubbing the skin with a dry towel after the bath."

Good sense and modesty dictate that we credit the all-wise Creator and thank him for the defense systems in our bodies. Since good health is a most desirable state, wisdom on our part indicates that we cooperate with these defense mechanisms.

* An inert preparation given to satisfy a patient or used in making experiments.

FUR TRAPPING —PAST AND PRESENT

By "Awake!" correspondent in Canada

ANIMAL furs have played a significant part in most cultures down through history, supplying one or more of mankind's basic needs. The first book of the Bible tells about God making "garments of skin" for Adam and Eve after their disobedience and at the time of their expulsion from their paradise home. (Gen. 3:21) Also, furs of animals have long served for covering or shelter. For example, the cover of the portable sacred tabernacle constructed by the Israelites after their departure from Egypt in 1513 B.C.E. was made of seal-skins.—Ex. 26:14.

Here in Canada, as in some other countries, the trapper and fur trader were the men that explored, mapped and opened up the country. Later they were followed by the rancher and farmer.

When Europeans first visited North America this continent was more profusely populated with wild game and fur-bearing animals than any other part of the earth. The open plains were teeming with herds of buffalo, the forests were alive with moose, deer, elk and bear. And the northern tundra area had vast herds of caribou and musk-ox.

The wealth in furs, in fact, was the main attraction to the white man in this newfound land. The demand for furs was tremendous because of the hungry Euro-



pean market. Thus, because of greed, there was wanton slaughter of the mighty herds of buffalo and caribou for just the fur and tongues. A number of kinds of animals were pushed to the brink of extinction.

Original Trappers

But this was not the case before the arrival of the white man. The Indians and Eskimos trapped animals because they needed them. Animals often supplied their three basic needs—food, clothing and shelter. So these original North American trappers became extremely adept at their art.

The Indian trapper was successful because of his intimate knowledge of the game he sought. From early childhood he would study the ways of the wildlife around him. He learned their every habit and peculiarity. Some may think of these early trappers as primitive, but the facts are, the first white trappers learned the many tricks of the trade from the Indians.

The Indian was very adept at using the materials available to him. The rawhide snare served him well on land, in water and in the air. The snare, either a spring pole, weighted lever, tension or a deadfall type, was set so as to release when disturbed. At times even signaling devices were used, such as a bunch of dried deer hooves that rattled when the game had been caught. The largest bear could be taken with a snare.

Trapping—a Business

When the white man arrived, he soon realized the fortune to be made in the fur trade. In 1670 the Hudson's Bay Company was granted a charter, its name at first being "Adventurers of England Trading into Hudson's Bay." The company built forts and bartered with the Indians, trading colorful beads and woolen cloth for beautiful, soft animal pelts. Thus, at first the white man was principally the trader, while the Indians were the trappers.

The success of the Indian trapper can be seen in a report by the early historian Perrot, who tells that the "Ojibwa Indians snared no fewer than 2,400 moose on the island of Manitoulin during the single winter of 1670-71." This island, which is situated in Lake Huron, consists of about 1,300 square miles.

Trapping in Early Days

In early days the Indian birchbark canoe was utilized in the summer to transport supplies to the trapping area and to bring the furs out in the spring. However, dog teams pulling large sleighs were also used for transporting during the winter. These dogs were a special breed.

The Indian trapper found that breeding sleigh dogs with wolves gave added stamina. A dog's feet were usually its most vulnerable part. Icicles would form on the long hairs between the toes, causing them to swell, crack and bleed. Often the trapper of the north would carry little mocasins to tie on the dog's feet should this happen. But since the wolf was practically immune to this problem, a dog with wolf blood in it made a much better sleigh dog.

The early trapper, whether Indian or white, would take just a minimum of supplies in to the trapping area for the winter. The staples were flour, sugar, salt,

baking powder, lard and tea. The rest of his food came from the land.

Originally there were no legal boundaries for a trap line, although others usually respected one's trapping area. When the trapper found a territory that he felt would yield plenty of game, he would usually put up a log cabin in the center from which to work. However, often he was away from this cabin for four or five days at a time. Then he would live in lean-tos made of brush, sometimes in temperatures of 50 degrees below zero Fahrenheit. The Indian trapper would take his wife and family along, as the wife did much of the work in dressing and looking after the furs.

Trapping in Modern Times

Today the trapper's way of life has changed. This is due particularly to modern means of transportation. Where it once may have taken the trapper weeks or even months to get his supplies in or his furs out, now by use of a plane and bush pilot this can be accomplished in just a few hours.

The modern trapper usually goes into the bush for a month or two and then comes out. Many others, however, have trap lines within twenty or thirty miles of their home. Thus, with the motorized snow toboggan, a trapper can be home every three or four days. And where it used to take possibly a full week to make a trip around the trap line, now, using the motorized toboggan, it can be checked in a day. This permits the trapper to branch out into a larger region. Seldom is the dog team used any longer.

Recently trappers have given more attention to the humane aspect of trapping so that there is often little suffering on the part of the animal. A new type of trap

called the "Conibar" is now employed extensively. It kills instantly by catching the body. Also, traps that are placed for animals in or around the water have the "set" made in such a way that the animal drowns immediately.

Preparing the Furs for Market

Once the animal is caught, there is still much work to be done in preparing the fur for market. Great care is necessary by the skillful hands of the trapper if he is to get the top price for the fur. Take a beaver pelt, for example.

After the skin is removed from the animal, all the fat and flesh must be carefully cut off. The trapper may tack the pelt out on a wide smooth surface and start with his fleshing knife to lift the flesh and fat off the belly. Here it lifts easily. He then works toward the top in a half-moon fashion. The same procedure is repeated on the opposite half. It is just a matter of hard work to complete the job by rolling the flesh off the rest of the pelt.

The fleshing takes about an hour. Every precaution is taken by the trapper to keep the fur clean and free from grease and holes that would reduce its value considerably.

Next the fur is spread out and tacked onto a drying board or hoop. The leg holes are either sewn or tacked shut. Again care is of utmost importance. Each fur should be a uniform shape and must not be overly

stretched in width, since this would reduce the density of the fur on the back. It is then allowed to dry slowly in a cool, well-ventilated place. The drying process takes about five days in 45- to 50-degree Fahrenheit temperature.

The fur is then sent off to market. The graders check the quality and appearance, placing the furs into four categories. Now come the sharp eyes of the buyers from many countries. Prices are determined by the grade of the furs, as well as by supply and demand.

Controls for Conservation

In many districts in Canada the government Department of Lands and Forests sets up boundaries for each area to be trapped. Yearly limits are placed on certain kinds of animals caught on each trap line. This assures a continued population of animals. Thus the beaver, which some years ago was in danger of extinction, once again abounds through the northern bushlands. Such controls also make the trapper conscious of and more concerned with conservation, as it means his livelihood.

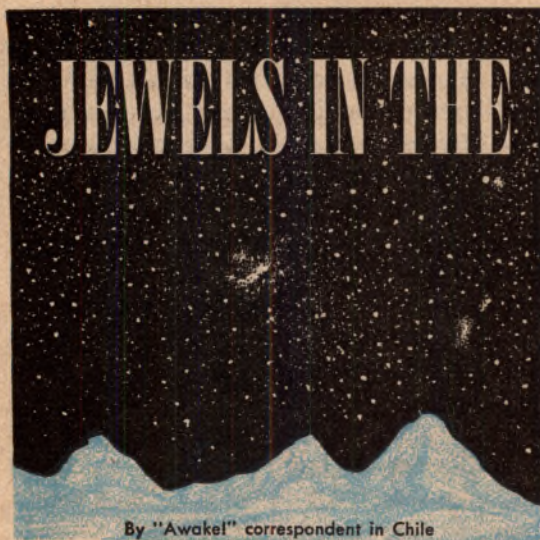
It is true that some men in the past as well as today have abused their dominion over the animals, even to the extent of bringing about the extinction or near extinction of certain kinds. Yet with proper control the harvest of furs can serve man's needs without endangering the existence of the animals.

Updated View on Bleeding

◆ How can one best stop bleeding from a cut? In the fourth century B.C.E. the Greek philosopher and writer Hippocrates recommended that cold should be applied.

More recently many doctors questioned the advisability of this, having observed that plunging a cut finger into cold water hindered the formation of a blood clot. However, in 1971 researchers at the Mayo Clinic experimented with hemophiliacs. The conclusion was that bleeding stopped most quickly when the area around a wound was chilled.

Interestingly, Hippocrates had recommended that the cold applied should be "not to the parts whence blood flows, but around them."



By "Awake!" correspondent in Chile

THE long, narrow land of Chile is one of many extremes. In the south, where water-laden clouds drop a yearly rainfall of a hundred inches, there are weeks on end that pass without seeing the sun. Far to the north are vast dry reaches of desert where only about five inches of rain have fallen in the last five years. Here in this in-between area, about 250 miles north of Santiago, lies the "Norte Chico" (Little North) and the city of La Serena, an international center for astronomy.

Why has this sparsely inhabited, near desertlike region bordered by the Pacific Ocean and the towering Andes mountains awakened so much astronomical interest in the last ten years? Because three new observatories have been built in this area, with telescopes ranging from ten to sixty inches. The desire is to have major astronomical instruments in the southern hemisphere to study celestial objects that cannot be readily observed from the northern hemisphere.

For example, there are the Magellanic Clouds, various southern hemisphere galaxies and some of the brightest star clouds.

SOUTHERN SKIES —VIEWED FROM CHILE

Myriads of stellar jewels shine in the Southern skies!

So a search was made for a suitable location in the southern hemisphere, and the final decision was made in favor of the "Norte Chico." Why?

According to astronomer Dr. J. A. Graham, this area has the clearest and darkest skies enjoyed by any ground-based observatory. In fact, the nearby Elqui valley is known as the "tierra del eterno cielo azul" (land of the eternal blue sky).

Also, this section is distant from any large cities that could cause negative observing factors, such as smog and flashing neon lights. In this dry region there is an almost complete absence of atmospheric turbulence that normally causes the "twinkling" of the stars. These factors contribute to making this region a corridor of observatories.

According to Dr. V. M. Blanco, director of the Cerro Tololo Inter-American Observatory, "under such fine observing conditions, the telescopes at Cerro Tololo are far more effective than instruments of similar size at Northern Hemisphere sites found so far." Another astronomer said: "With the 60-inch reflector, we can carry out certain extragalactic studies which in the northern hemisphere would require a 600-inch telescope."

A Visit to the Observatories

Recently arrangements were made to visit two of the observatories, the Cerro Tololo Inter-American Observatory, spon-

sored by a group of North American universities, and the European Southern Observatory, sponsored by six nations. The first objects that attracted our eyes were the telescope domes situated high atop a 7,100-foot-high peak. Arriving at the summit, we found ourselves surrounded by deep ravines that drop almost vertically some 1,900 feet.

On our tours we were asked if we had ever tried to count the glimmering stars shining above. We were told that the human eye can see about 5,000 stars, but only about 2,000 at any one time.

Thus the role of the telescope was made evident, for there are millions upon millions of stars in the universe. Why, in our galaxy alone, the Milky Way, there are thought to be about 100,000 million stars, and our galaxy is but one of thousands of millions of galaxies! The thought of so staggering a number of jewels in the skies brought to mind the scripture that invites us to think upon their Creator, Jehovah God: "Raise your eyes high up and see. Who has created these things? It is the One who is bringing forth the army of them even by number, all of whom he calls even by name."—Isa. 40:26.

We stepped inside the telescope building and entered an elevator that took us up to the telescopes. Our guide showed us a large sixty-inch mirror that serves as an "eye" for the astronomer. Such a telescope might be compared to an enormous camera, and with its photographic plates and photoelectric detectors it can "see" much farther than the human eye. To illustrate, the forty-inch Schmidt telescope located on the site of the European Southern Observatory can observe objects one million times as far as the human eye can see.

How can astronomers tell the nature of stars? By means of radiation, which may be in the form of X rays, radio waves, in-

frared radiation or simply visible light. Thus, astronomers use these "cameras" to study the visible light of the celestial objects. Of the sixteen telescopes in operation at the three observatories, the majority are used mainly for studies of light by means of spectrography and photometry.

Our tour guide, astronomer Dr. Mart de Groot, explained that, basically, the spectrography separates the various colors of a beam of light as does a glass prism and represents them by lines on a photographic plate. An analysis of this plate will reveal the chemical composition of the atmosphere around the object, since each chemical element produces its own unique spectrum. For example, if a star has an atmosphere with a great deal of neon in it, the neon will absorb any yellow light emitted by the star. This will be revealed on the photographic plate, for the spot for yellow will show itself dark.

Photometry measures the intensity or quantity of light received by means of different colored filters. This system can be used to determine the temperature, brightness and distance of the object being studied.

It is evident, then, that the telescope does the seeing and recording and the astronomer does the analyzing. One astronomer told us that the organizing and analysis time may be more than four times as much as the actual observing time with the telescope. His analysis time may involve a comparison of his photographs with others of the same celestial region taken years or decades ago, thus revealing the relative movement of the stars, changes in brilliance, and the appearance of new stars.

These mirrors that can "see" so far are extremely sensitive to light. One of the observatories here was awaiting the de-

livery of a 101-inch mirror, which will be eighteen months in the process of grinding and polishing. This mirror has specifications that call for an overall surface configuration accurate to one two-millionths of an inch.

As we moved from one dome to another we could appreciate that much forethought must have gone into the planning of these structures so that maximum telescopic efficiency would be obtained. This is particularly true in Chile, since it belongs to a belt of seismic activities surrounding the Pacific Ocean. The frequent tremors require a design that will resist such movements to the greatest extent possible.

As we approached the large "home" for the 158-inch telescope at Cerro Tololo we felt like ants. The telescope and its moving parts weigh 300 tons, and its "home" measures 130 feet high, 108 feet in diameter, and weighs about 500 tons!

Astronomic Studies

According to Dr. Bengt Westerlund, the study of the Large and Small Magellanic Clouds will be a major activity of the European Southern Observatory. These two galaxies are the nearest neighbors of our own Milky Way and present a marvelous

picture to the viewer, appearing as two small clouds in the sky. These southern objects became known as the Magellanic Clouds, being named after the Portuguese explorer, Ferdinand Magellan. In 1520 he sailed through the passage at the tip of South America now known by his name. These galaxies, our "nearest" neighbors, are not exactly in our backyard. These Clouds are 50,000 parsecs away (a parsec equals 3.26 light years or 19,200,000,000 miles). So the Clouds are 960,000,000,000,000,000 miles away!

The astronomer would like to know what the stars are composed of, how they form, how long they shine, and when the universe came into existence. Thus the search into the vast expanse continues. With the addition of several large "eyes" in "la calle de los observatorios" (the street of the observatories), el Norte Chico de Chile is fast becoming one of the most important astronomical centers of the world.

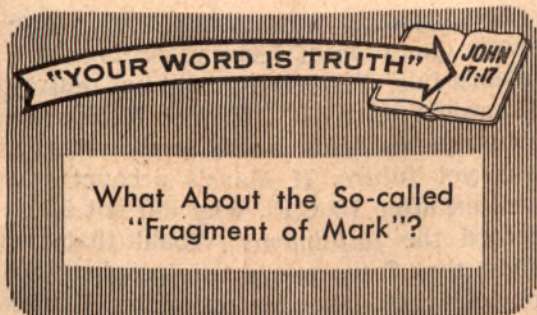
Our tour ended. As we slowly wound our way down from the 8,000-foot peak at La Silla, the sun disappeared behind other hills that stretch off into the distance, leaving above us a blanket of deep black velvet sprinkled with glimmering diamonds—jewels in the Southern skies.

Rating an Earthquake

Newspaper reports of earthquakes often indicate their force in terms of numbers on the Richter Scale. But what do these ratings indicate in the effects caused?

Running through the numbers 1 to 8 on the Richter Scale, the effects are these: 1 - quake detectable only by seismographic measurement; 2 - hanging objects swing slightly and a few people might feel the tremor; 3 - people indoors feel some vibrations; 4 - buildings tremble and glassware breaks; 5 - furniture overturns and pictures fall from walls; 6 - masonry cracks, some houses cave in, windows break and chimneys fall; 7 - extensive damage to dams, dikes and bridges, with many buildings collapsing; 8 - all structures receive catastrophic damage.

The earthquake in Peru occurring on May 31, 1970, in which more than 50,000 persons were killed and 800,000 left homeless, measured 7.8 on the Richter Scale.



NINE fragments from the Dead Sea Scroll collection are claimed by Spanish Jesuit scholar José O'Callaghan to be part of the Greek Scriptures. One fragment, little larger than a thumb print, is dated by him at about 50 C.E. Assumed to be part of Mark 6:52, 53, it has been the particular object of much attention.

Popular newspapers and magazines have referred to O'Callaghan's work as "the Biblical discovery of the century," "the most sensational Biblical trove uncovered in recent times," and one that "may revolutionize New Testament research" with its "earth-shattering implications." However, cautious scholars and publishing houses have awaited more information before committing themselves to such strong views. Consider what the facts show about this purported section from the Gospel of Mark.

The fragment (called 7Q5)—a copy is here shown—contains less than a dozen fairly distinct Greek letters. However, the portion of Mark 6:52, 53 that O'Callaghan claims the fragment partially represents requires over a hundred letters. We have divided the lines of those verses as his theory de-

mands and have shown how they are rendered from most Greek texts.

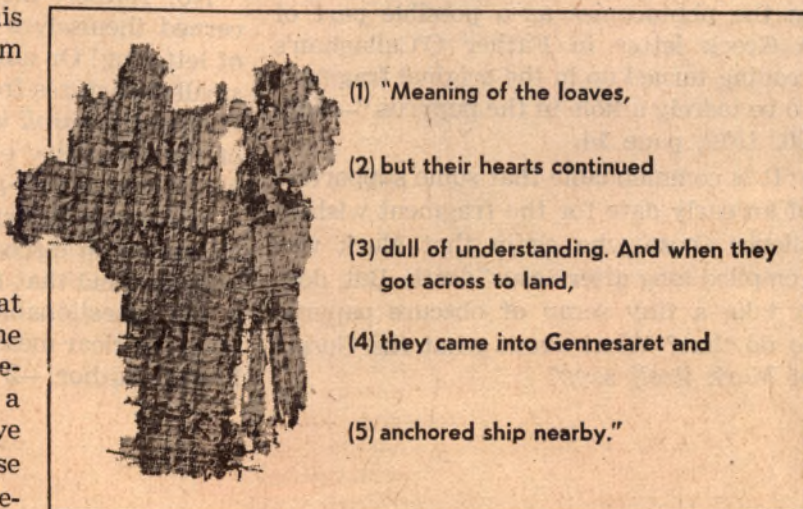
As can readily be seen, a mammoth portion of the verses obviously must be supplied. Just what does a study of the fragment reveal?

Line 1, as can be observed in the illustration, is virtually nonexistent.

In line 2, only about half the characters for the one word said to be rendered "their" are intact; the rest of the line must largely be reconstructed.

Then, in line 3, appears what is interpreted to be the fragment's only complete word, *KAI* (the common Greek word meaning "and"). If it is assumed that this is a fragment of that part of Mark, the next two letters thereafter would be for the start of the Greek expression rendered "got across." Though these two letters should be *DI*, as in all Greek Bible manuscripts, they appear to be *TI* in this fragment. The remainder of the line is gone.

In line 4, only two complete letters, said to be the *NE* in "Gennesaret," appear. The seeming partial strokes of two other letters on each side of these are said by



- (1) "Meaning of the loaves,
- (2) but their hearts continued
- (3) dull of understanding. And when they got across to land,
- (4) they came into Gennesaret and
- (5) anchored ship nearby."

O'Callaghan to be N and S. The other letters in the line are torn away.

In line 5, a complete *E* appears, and enough of another letter to be interpreted as *S*; the rest of the line is lacking.

Furthermore, according to O'Callaghan's assumed page layout, the term in line 3 rendered "to land" (found in virtually all Greek texts) would be missing in the manuscript from which this fragment is a part.

Also, the date 50 C.E., based on writing style, is questionable. Other scholars date the fragment at 100 and even 150 C.E. For the above reasons, and others, it is not surprising that many scholars have failed to embrace O'Callaghan's theory.

For example, Pierre Benoit, director of the École Biblique et Archéologique Française in Jerusalem, examined the actual fragments (O'Callaghan worked from photocopies). Benoit's opinion was reported on in the *New York Times*: "The writing on the scraps of papyrus is indistinct, Father Benoit said in an interview, but even by stretching his imagination he was unable to make the marks that do show up coincide with the Greek letters necessary to prove Father O'Callaghan's suggestion. Indeed, one spot that showed up in the photocopies as a possible part of a Greek letter in Father O'Callaghan's reading turned up in the original fragment to be merely a hole in the papyrus."—July 30, 1972, page 14.

It is commendable that some supporters of an early date for the fragment wish to silence those who claim that Mark was compiled long after Jesus' death. But, does it take a tiny scrap of obscure papyrus to do that? What about what the Gospel of Mark *itself* says?

For instance, what about Mark's prophetic quotation of Jesus regarding Jerusalem's fall? The Romans did not destroy Jerusalem until 70 C.E. Yet Mark's account quotes Jesus' words to show that it was yet *future*. If Mark's account was written after 70 C.E., why did not Mark record the *fulfillment*? Would that not show that Jesus was a true prophet? So, obviously on just this one point, Mark's account itself indicates that it was written before those events took place in 70 C.E.—Mark 13:14-20; compare Luke 21:20-23.

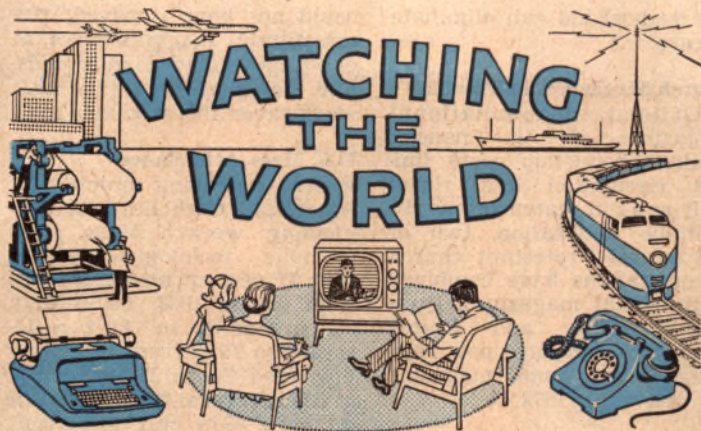
But even if the 7Q5 (or another fragment like it that may later appear) proves to be what it is purported to be, would it likely influence those who do not really believe the Bible anyway? Remember, it was in a cave near where these fragments came from that the Hebrew scroll of the *complete book* of Isaiah was found in 1947. It proved that the traditional (Masoretic) text has reached us substantially correct.

But now some twenty-five years later do most people, even in Christendom, really believe the book of Isaiah is inspired of God? Have religious scholars worked to impress this most outstanding point on the minds of their churchgoers?

No! Rather, most of them have concerned themselves with the scroll's style of lettering! Or quibbled about admittedly small departures from the traditional text! If an *entire scroll* will not convince people of the reliability of the Bible's text, how will a few jigsaw-puzzle-style fragments?

While true Christians indeed follow with interest such discoveries, they confidently keep in mind that their faith rests, not on a few questionable papyrus scraps, but upon the clear message of the Bible and its Living Author.—2 Tim. 3:16, 17.





Governments versus Clergy

◆ Clergymen in many parts of the world are in trouble for their political activities. Paraguay, in its running feud with the Catholic Church, has ordered several clerics from its borders. Peru and Brazil are among the lands that have removed the welcome mat for foreign-born clergymen. Two Catholic priests in the Philippines were arrested because of violating a martial-law decree. One of them was charged with "inciting to rebellion." Armed revolution in Africa has received clergy support. Colin Morris, Methodist minister, claims: "Violence can be a Christian vocation as a tactic of the last resort." He said: "You can't tell people to love their enemies. There are occasions when you must first have justice to make any kind of loving possible." As a result of such views and actions, clerics are finding that in an increasing number of lands their profession no longer provides a privileged sanctuary.

Christendom's Bible Illiteracy

◆ Dr. Harrell F. Beck, Boston University School of Theology professor, bemoans the lack of Bible knowledge in the churches today. He says that "the biblical and theological illiteracy of the parish is the

greatest single impediment to Christian ministry in our time." But Beck himself also claims that the Bible offers little in the way of specific answers to today's problems. Ministers, he says, must be trained "to interpret the meaning of the kingdom of God for political life."

U.S. President's Pledge

◆ After reelection, American president Richard M. Nixon pledged to work to end "the whole era of permissiveness" in the United States. He declared: "We have passed through a very great spiritual crisis in this country," and says that the Vietnam war was "only part of the problem." It was also reported that Mr. Nixon intends to restructure the Federal government. Many believe that the moves the president intends to make could increase his power while diminishing that of the Cabinet.

U.N.'s Financial Woes

◆ In October the United Nations published a financial statement revealing that 23 member nations had not made any payment toward the \$213-million budget in 1972. All member countries are notified in January about their annual dues, which, it is hoped, they will pay within eighty days. Some lands, such as the Soviet

Union, have refused to pay for certain things they feel are against their interests. Communist China has offered to raise its contribution to the U.N. budget within the next five years. But it has demanded extra services that would virtually wipe out any benefits that might come from the increased payments.

Noise Pollution

◆ Legislation against excessive noise has been enacted in many places in the United States. Jet airplanes, outdoor machinery, motor vehicles and factories are being monitored as to sound levels. Further, people are being warned against too much noise in the home. Noise pollution can raise one's blood pressure, contribute to heart disease, and cause nervous strain, tension, stress, gastrointestinal illness and exhaustion, as well as hearing loss. Medical authorities say that a noisy industrialized environment is partly responsible for a person's hearing worsening with age. Studies conducted with a primitive African tribe living in quiet surroundings show that 75-year-old men of the tribe hear as well as a 25-year-old American.

Attempt to Force Transfusion

◆ A Kentucky father of a newborn girl was told by the doctor that his child had an "Rh incompatibility" and needed a blood transfusion. The father, one of Jehovah's witnesses, refused to allow this. The physician obtained a court order to force the transfusion. However, the father rushed his baby to another doctor, in Texas. The second doctor said that the child's blood was healthy and that no transfusion was needed. "The baby looks good and is eating well and is active," were his observations.

Offspring of Incest

◆ Medical circles have long known the adverse mental

and physical effects befalling offspring of incestuous unions. A recent study in Czechoslovakia shows how much risk is involved in such near-relation unions. Women who had relations with their brothers, sons or fathers frequently gave birth to children that were severely retarded mentally, had heart and brain deformities, and were afflicted with dwarfism, deaf-mutism and other bodily abnormalities. Thousands of years ago, God's law to Israel strictly prohibited incestuous marriages.

Science "Despised"

◆ A number of Nobel prize-winners feel that the general attitude of people today toward modern science threatens its future. One physicist says that the "antiscientific movement" that began in America has now spread to Europe. As for the United States, Murray Gell-Mann observed: "Some of our most successful institutions are in trouble, under attack, and even despised, sometimes by intellectuals and frequently by educated young people. . . . In our country, in particular, science is in ill repute." Why? The benefits resulting from it have been offset by the devastation of war and pollution of the environment, for which science also shares responsibility.

Christian Science and Medicine

◆ The Christian Science Mother Church in Boston, Massachusetts, recently ruled that all Christian Science children in school could receive polio vaccine. This decision on polio immunization came after nine Christian Science youngsters contracted a "polio-like disease" in Connecticut. Three of them had come down with crippling polio and suffer partial paralysis. Christian Science teaching, however, is that spiritual treatment with-

out medical aid can eliminate disease.

Church Magazines in Trouble

◆ Official denominational magazines are in financial straits. Production costs, limited circulation and rising mail rates threaten many. To continue publication, two of the largest Protestant church denominations have combined their official magazines. *Presbyterian Life* and *United Church Herald* have now been merged into one magazine entitled "A.D. 1972."

Fat in Heart Attacks

◆ The fatty substance acting as a clotting factor in heart attacks has reportedly been isolated and identified by Tasmanian medical researchers. According to their findings, cholesterol may not be the primary cause of heart disease. What puzzles them is that, while cholesterol inhibits the dissolving of already formed blood coagulants, it also slows down the rate of blood coagulation. The researchers found that the most important factor in avoiding heart attacks is controlling the fatty substance that builds up when a person is under stress. Researchers say that keeping people from undergoing stress would be the solution, but today's pressures make this difficult.

Maggots Save Woman's Life

◆ For five days a woman lay pinned under a wrecked automobile, unconscious most of the time. She had sustained multiple injuries, yet did not die. Maggots, swarming over her shattered limbs and face, prevented blood poisoning from setting in. The doctor attending her said that her wounds were "loaded" with maggots and her discomfort must have been "beyond imagination" when she was conscious. The doctor observed: "She lived through an ordeal which many people

could not have survived." Interestingly, maggots were at one time used to clean wounds, and the doctor feels that their work saved this woman's life.

U.S. Mass Attendance

◆ An increasing number of American Catholics are neglecting weekly Mass. Two Catholic sociologists report that 71 percent attended Mass regularly in 1963. Today only 55 percent do so. Also, a decade ago 76 percent of Catholics aged 20 to 29 would be at Mass several times a month or more. Now only 46 percent of this age group are there. Probably most disconcerting to church leaders is the fact that the number of Catholics attending Mass once a month or less is increasing—from 21 percent in 1963 to 33 percent today.

Sermons Boring

◆ The Anglican Church in Australia ran a survey on what church members think of sermons they hear. Sermons were criticized as being ineffective, boring and out of touch with life. Churchgoers complained that many ministers preached at them instead of to them. One comment was that "the sermon the minister preaches in the majority of cases is irrelevant. They don't have any real message." Another churchgoer said: "Sermons are not made interesting. They are just garbage from beginning to end."

Australian Micro-Surgery

Needle

◆ An almost invisible micro-surgery needle has been developed in Australia. This type of surgery employs a microscope so that tiny blood vessels can be handled with delicate precision. Dr. Bernard O'Brien, a Melbourne surgeon, says he has successfully replaced 21 fingers, a foot, two hands and an arm on patients of ages from 10 to 50.

Sound Waves at Work

◆ London dentists are using ultrasonic vibrations to de-scale teeth. Recently, a surgeon there successfully employed a modified dental ultrasonic probe to remove calcium deposits from hearts, instead of operating to replace the diseased heart valves with plastic artificial ones. In the Soviet Union an ultrasonic device has successfully been used to weld bone fractures. It also plugs bone cavities when tumorous matter is removed and serves as a precise scalpel, surgical saw and chisel.

Whisker Sonar System

◆ Marine biologist Dr. Thomas C. Poulter has found that sea lions "hear" through their whiskers by means of a highly sophisticated sonar system. Evidently they emit echo

pulses or inaudible clicks that bounce off any object within 25 feet of them. Their sensitive, long and highly mobile whiskers pick up these slight echoes. Amazingly, by this means sea lions can tell the difference between a piece of horsemeat, which they refuse to eat, and a herring, which they relish.

Reducing Devices

◆ "The nation is being swept with gadgets and pills and body wraps that claim to take inches off a person's body without the difficult regimen of diet and exercise," recently observed Woodrow Wirsig, president of the Better Business Bureau of Metropolitan New York. Dr. Morton Glenn of the Obesity Clinic at Knickerbocker Hospital warns about the

harmful effects that body wraps can cause sufferers of diabetes or vein diseases. "All fat in the body is inside cells, and there is no way you can push it, squeeze it, compress it or jiggle it to get it out of the cells. For that, you need a metabolic reaction," he said. The medical consensus for successfully losing excess weight is "not putting so much food in [the body], and putting more energy out."

Night Driving

◆ In 1971, 53 percent of all traffic fatalities in the United States occurred at night, even though traffic is not as heavy. Figured on the basis of the number of miles traveled, the fatality rate in cities was three times as great at night as during the day.



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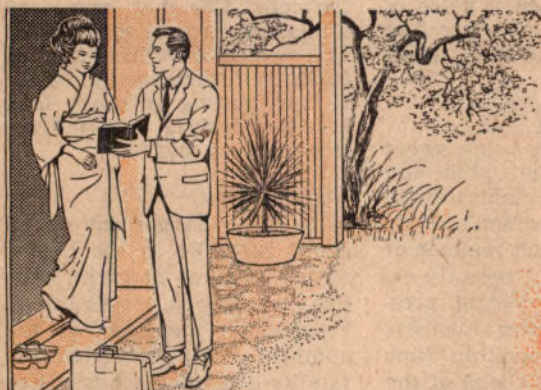
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